

THE RIGHT STUFF

THE WORKPLACE
MENTAL HEALTH
METHOD™

BH
BAIRD HOLM

CONVERSATIONAL & LEGAL APPROACHES TO MENTAL HEALTH AT WORK

Struggling to understand how to talk about mental health at work, AND, follow the law too? Countless businesses avoid talking about mental health in the workplace because they don't know how and don't want to do the wrong thing.

Good news: concrete information is available to guide you and your business on how to get mental health at work conversations **RIGHT**, with the conversational skills and legal knowledge that every business should have.



MELISSA DOMAN, MA



KELLI LIEURANCE, JD

Melissa Doman, MA - Organizational Psychologist & Mental Health at Work Specialist has teamed up with **Kelli Lieurance**, Partner at Baird Holm and employment lawyer, to give your business exactly that: **concrete approaches to have realistic conversations about mental health at work, and how to be legally compliant while you do it.** This in-house education session tackles real-life scenarios and addresses the concerns that your team members have when it comes to this process, especially as people managers, executives, or HR leaders in the workplace.

WHATS COVERED?

- Why businesses avoid talking about mental health in the workplace
- Why mental health benefit programs alone are not enough
- The basics of Mental Health at Work Conversational Literacy®: your do's and don'ts
- The legal boundaries when discussing mental health at work
- How to navigate confidentiality and privacy obligations

WHAT TO EXPECT



3-4 Hours



Onsite or Virtual



Co-fireside interview, with visual presentation, and Q&A. Attendees will receive a key takeaways document of key concepts covered.

START THE MENTAL HEALTH
CONVERSATION TODAY

WWW.MELISSADOMAN.COM/CONTACT